

1-Year Old Schedule

7:00-8:30	Welcome/Free Play/Buddy Rooms
8:00-8:30	Diapers/Bathroom Breaks
8:30-9:00	Breakfast
9:00-9:15	Carpet Time/Flash Cards
9:15-9:30	Music/Spanish (M-W-F)
9:30-10:00	Art/Sensory
10:00-10:30	Recess
10:30-11:00	Diaper/Bathroom Breaks
10:30-10:45	Writing/Coloring
10:45-11:00	Shared Reading
11:00-11:30	Lunch
11:30-12:00	Bathroom/Diapers/Nap Prep
12:00-2:00	Nap
2:00-2:30	Diapers/Bathroom/Table Toys and Books
2:30-3:00	Recess
3:00-3:30	Afternoon Snack
3:30-4:00	Math/Science
4:00-4:30	Diapers/Bathroom/Reading/Music
4:30-5:30	Outside/Free Play/Buddy Rooms
7:00-5:30	Social Skills - Everything we are learning is a social skill. Whether is is sitting at a table or playing with our friends.



